

**Arlington Hills  
Lutheran Church  
“LIGHT FROM THE  
HEIGHTS”  
April 2022**



**Evangelical Lutheran  
Church in America**  
God's work. Our hands.



**Maundy Thursday 6:00 p.m. with Holy  
Communion**

**Good Friday evening service will be held at  
Gustavus Adolphus Lutheran Church at 1668  
Arcade St. With the East Side Collaboration  
churches.**



## Mitch's Ministerial Musings

For the Son of Man came not to be served

but to serve,

and to give his life a ransom for many. -Mark 10:45

Dear Friends,

April showers will hopefully bring May flowers, but April also brings us a new monthly theme in our “Shipbuilding” year: **Leadership**. This is a topic that I’ve studied a fair amount through books, workshops, and seminars. One of the things that I found fascinating when I first embarked on my study is that one of the key principles of good leadership is to first know yourself. It seems counterintuitive. Shouldn’t leadership be about how to understand *others*, not how to understand *oneself*? But as I read and listened, it became clear that in order to work with and lead people, one had to be very aware of one’s own tendencies, perspectives, and especially one’s own limitations and weaknesses. This self-awareness is crucial when it comes to “influencing others,”—John Maxwell’s simple definition of leadership—since influencing people must *not* be done for the benefit of the leader, but for the benefit of the goal of a group or organization. There is no shortage of self-serving leaders in our society, who aggrandize themselves at the expense of others. No, the good leader is to serve others, the organization, or the institution, by sublimating the praise, comfort, or benefit of the leader to the cause.

The effective leader uses the leader’s power in the service of those being led. A great deal of literature has been written about “servant leadership,” a term coined by Robert Greenleaf in 1977. As followers of Jesus this makes sense. The great authority that Jesus had was not used to gain power, acclaim, or fame for himself. Far from it. Rather, he used it for the benefit of others, by serving them, and us. May we too lead here at church and in our own communities by serving our people, all in the service of God and the imitation of Christ.

Grace and peace,

Mitch Kinsinger



**Leadership** Please read Colossians 3: 12 - 17 and 1 Timothy 3: 1 - 10

FULL OUT is an autobiography in which author Monica Aldama describes her experience in coaching a college cheerleading team. She states (page 6) "Coaching has taught me lessons that apply to every situation in which leadership is important: In vocations, in being a family member, in volunteering, in every thing that we try do." As you read this book compare the leadership qualities she describes with those listed in the passages from Colossians and 1 Timothy.

One of Ms. Aldama's methods to encourage the members of the cheerleading team in making effective and efficient use of their time is requiring them to use a notebook to write all of the details of their schedules, including classes, assignments, tests, study times, meals, cheerleading practices, performances, everything that is important. In her own notebook she records her own schedules and writes plans for cheering activities that she may want to include in performances. When she began using a notebook she found that she can accomplish more. She advocates that readers of her book write detailed plans for their personal lives.

Her book is filled with expressions that are related to cheerleading. The title, FULL OUT, refers to the attitude and maximum effort that is expended in each practice and event in which the team participates. Another expression occurs in the title of chapter 11 (beginning on pages 93) "When you get distracted is when you hit the floor." Hitting the floor refers to the collapse of a pyramid that is part of a cheerleading event. She describes taking part in a social media conversation and making dinner for her family at the same time. She hit the floor in both activities. She emphasizes in that chapter that each member of a cheer squad has a task, only that task and it must be done with confidence and precision. She describes how she applies that her personnel life. Her recommendation for her reader, on page 98, is "Give your single minded attention to what is important to you." Another bit of advice, described on page 132, is to expect mistakes to happen and when they do make adjustments so that observers will not realize that an error has occurred.

**next page**

How would you react if someone confronted you with a critical observation about you followed by the comment "I love you anyway." Ms. Aldama describe her reactions on page 66. On page 67 she states "I believe in the Bible, but when it comes to following every letter I have reservations. I don't know how to pick and choose what I want to accept. I try to follow a spirit of love and compassion." Page 68 contains these words: "At the end of each practice, a team member says a prayer followed by the entire team repeating the Serenity Prayer: God grant me the serenity to accept the things I cannot change; the courage to change the things that I can, and the wisdom to know the difference." That seems like good advice for leaders to follow.

In her relationships with the cheer team she emphasizes that members can always come to her for protection and support. Leaders should communicate that availability to members of the groups that they are leading.

FULL OUT is available in the book shelf near the church office door. When you have finished with any books that you have borrowed please return them so they are available for others.

Thanks. *Clair*



Worship - February  
Hardship- March  
Leadership – April



Praying for Ukraine

Cheryl Hollman will be retiring from her position as Administrative Assistant. Her last day in the office will be April 21st. Reception will be held on April 24th .



## Greetings Collaborators!

Easter approaches! Spring – dare I say it – is here! Though it might be a little bit early to shout our Hal\*\*\*ujahs! from the roof tops or start tilling and filling our garden beds, the sun is boosting our energy and our sense of what is possible keeps growing and growing by the minute!

This season of Lent has been a very rich experience, with plentiful opportunities to explore and ponder what it means to be on this journey of faith together. I have been blessed to participate in our midweek worship services with you at Arlington Hills in the afternoon and at Grace in the evening. And I have had a deeply enriching experience exploring with many of you – both virtually and in person – what it means to live as baptized members of the Body of Christ. I've had a wonderful time working with the people at Our Redeemer as they foster relationships with one another through their Lent Connect program. And I look forward to being able to join the folks at Hope as they celebrate their 100 th anniversary on Palm Sunday, bid farewell to their property on Maundy Thursday, and celebrate resurrection at their new home on Easter Sunday!

And as the possibilities of the changing season continue to unfold before our very eyes, I am excited to report all of the future-dreaming we've been doing in the shared ministry group! The talents, skills, and stories that are held within this community of Lutherans on the East Side is so deep and so valuable that we are having an incredible time imagining and discovering all the new ways we might grow stronger and serve better through being church together! If you have the chance, share your well-wishes with the folks at Hope this month as they honor their history and embrace their future! If you have some ideas about shared ministry, reach out to your pastor (or me!) about joining the conversation! And if you want to take a walk in that glorious sunshine and talk about the possibilities God is providing in your life, gimme a call –

I want to hear from you!

-Per, the intern



## A Preview of The Book of John, Chapter 20

Hello Bible Study Friends! This month I will write a preview of John Chapter 20 that tells us the good news of The Resurrection. Our study will meet Monday, April 4th at 1:00

How did the disciples' despair and unbelief become enduring faith? We see how this happens in chapter 20. Mary Magdalene meets the resurrected Christ, but in her grief she mistakes him for the gardener. Thomas stubbornly refuses to believe in Jesus' resurrection until he sees and feels the wounds on His hands and side. When the disciples hear Mary's words that she saw the risen Christ, the disciples thought it was an idle tale!

(Luke 24: 9-11) What does Christ do to cause Mary to see Jesus? What convinced Thomas that Jesus had indeed risen? How does Christ build faith into all the disciples? How does Jesus build our faith when we are lacking?

I love a verse in Mark 9:24. A father brings his young son to Jesus to be healed. He asks Jesus for healing if He can. Jesus answers, "Anything is possible if you believe." I identify with the father's honest response. "I do believe, help my unbelief." In chapter 20, we find that Mary, Thomas, Peter, John, and the rest of the disciples need more faith. What does Jesus do for them and for us today to help build up our faith? We will discuss these questions on Monday, April 4.

Hope you can come. Valerie Robertson-Osmundson



# 2022 Easter MEMORIAL GARDEN



This year's Easter Memorial Garden will again feature Easter lilies. If you would like to memorialize or honor a loved one, please complete the information as indicated below. Please check your choices below:

Easter flowers (\$15.00) \_\_\_\_\_ General \_\_\_\_\_

**Payment must accompany this form and be returned to the church office by April 11, 2022**

***PLEASE PRINT***

Name of Donor \_\_\_\_\_ Envelope #: \_\_\_\_\_

In Memory of

---

---

***PLEASE PRINT*** In Honor of

---

---

**If you purchased a Easter flower, you may pick it up after the service on April 17th If you would like your flower to be delivered to a shut-in, make a note on this form . Use back of form if you wish.**

## St Paul Area Synod Assembly

Attendees will be

**Pastor Mitch Kinsinger**

**Jon Helgason (voting member)**

**Dennis Rasmusson (guest)**

**Mary Kowitz (guest)**

"Aluminum Can Collection, CANS for MISSION - is scheduled (*after Easter*) Saturday and Sunday - April 23 & 24 - 9 a.m. - 11a.m. in the church parking lot. Before that, cans can be dropped at 1859 Arcade Street, DeeAnn and Bob Nelson's home - at your convenience, please call ahead **(651) 227-5668**. Thanks for support of our companion congregation of IDEGENDA.

The Holy Spirit is moving (in/at/with/through) **Hope Church!** And through the Holy Spirit, Hope Church is moving! After many years of deep discernment, we have signed a purchase agreement to sell our property to The Refuge Church, a predominantly African-American congregation led by Pastor Marcus Cage that has been renting in the Frogtown neighborhood of Saint Paul. With his background in social work, Pastor Cage leads his congregation in the kinds of social ministries that Hope has been unable to share with our neighborhood in recent years. We believe The Refuge Church will do powerful, life-changing, gospel-centered ministry at 1340 Hazel for years to come, and we give thanks to God that our historic location will continue to be a center of faith in our community.

Our last Sunday in our current location will be our Palm Sunday worship service at 10:00am, April 10th , with coffee hour to follow. This will also be the 100th anniversary of the first worship service of Hope Church (Palm Sunday, April 9th , 1922). Bishop Patricia Lull will join us to preach that morning as we celebrate our history and look towards our future. Beginning Easter Sunday, April 17th , we will worship together in our new home in the chapel space at Gustavus Adolphus Lutheran Church on the East Side. We are still finalizing details with our new partner but we are excited to our life together as a congregation while also exploring opportunities for partnership with the folks at Gustavus Adolphus and our other East Side partners.

**Arlington Hills Lutheran Church**

**Interim Pastor:**

**Rev. Dr. Mitch Kinsinger**

**[pastor@ahlc-stp.org](mailto:pastor@ahlc-stp.org) ext. 102**

**Organist: Barbara Rossow**

**Admin.: Cheryl Hollman**

**[Cheryl@ahlc-stp.org](mailto:Cheryl@ahlc-stp.org) ext. 100**

**Phone: 651-771-5501**

email: [www.info@ahlc-stp.org](http://www.info@ahlc-stp.org)

**Visit us at: [www.ahlc-stp.org](http://www.ahlc-stp.org)**

**Alley Shoppe clients and donations  
by appointments only 651-771- 5501  
extension 100**

**OUR MISSION:** "To Spread the Good News of Jesus Christ to all in word and deed."

**OUR VISION:**

"Arlington Hills Lutheran Church community a Beacon for the Kingdom of Jesus Christ."

Companion Congregation – Idegenda,,  
Tanzania

**Online Giving**  
is simple and easy!

